

Let's talk about *menopause*

accord

Brain fog

Headaches

Anxiety

Hot flushes

Loss of
libido

Joint
pains

Vaginal
dryness

Mood
changes

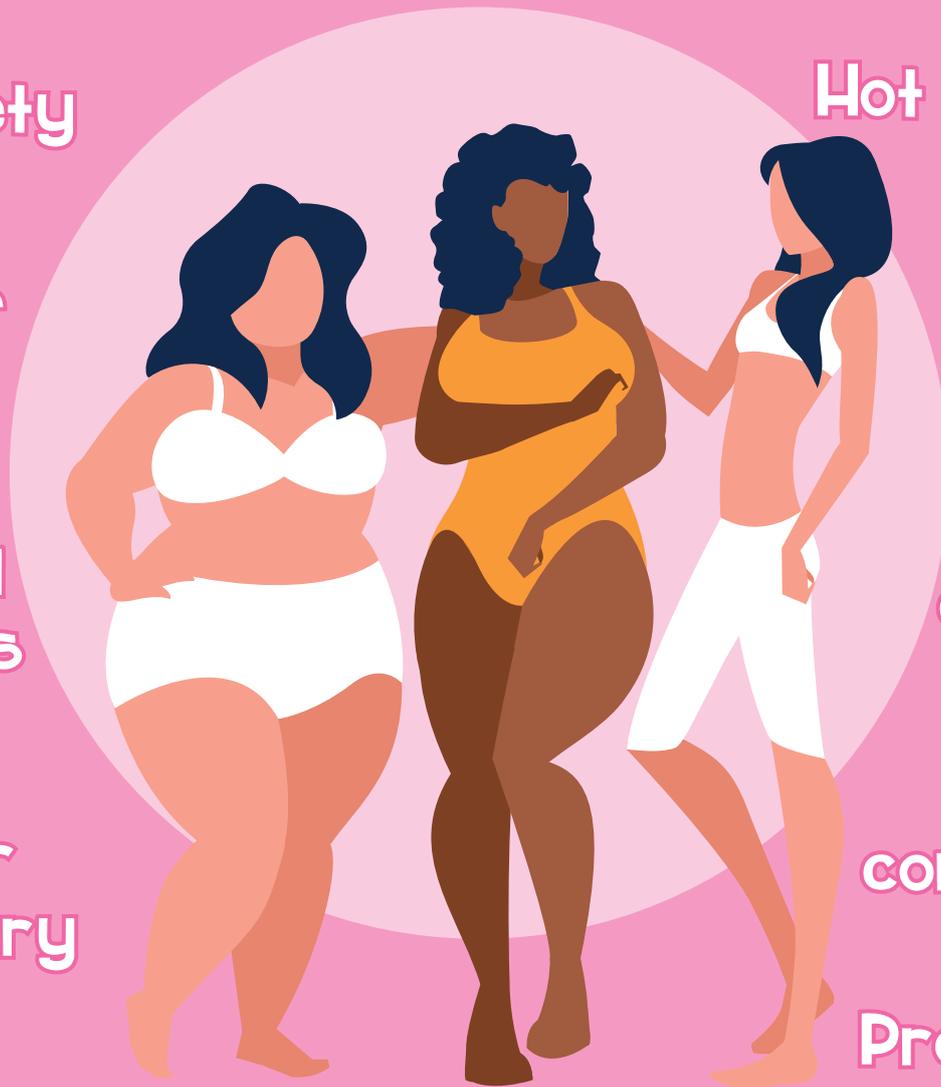
Poor
memory

Low
confidence

Palpitations

Problems
sleeping

Night sweats



Menopause affects all of us, in one way or another, not just women of “a certain age”. Our aim is to remove the stigma about menopause, and to improve awareness & support. Check out our menopause guide for more info.

wwwaccord-myunion.org

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